

Participant Information Form

Project title: Radiance Network Wellbeing Check-In Survey

Name of Researchers:

Nicholas Potter, 3rd year UWA Doctor of Medicine Student

Invitation:

The Radiance Network invites you to participate in this check-in survey. Your responses will help Radiance to better understand the impact of the group sessions, and to improve the support that we offer.

Aim of the Study

The survey aims to evaluate how the group sessions have been helping mothers who have been experiencing perinatal mental health issues. This will help Radiance explore how the group sessions contribute to the wellbeing of mothers experiencing perinatal mental health issues, and to identify any additional support that could be provided.

What does participation involve?

Participants will be invited to complete a brief 8-question check-in survey at the beginning of weekly group sessions. The survey takes approximately 2 minutes to complete, and covers topics such as emotional and physical wellbeing, connection to supports, and connection to their babies. All responses are confidential and cannot be linked back to individual participants and are used only to improve the support and services offered by Radiance.

Voluntary Participation and Withdrawal from the Study

Taking part in the check-in survey is optional, and your decision to participate or not will have no impact on your involvement with the support group. You may withdraw at any time without needing to give a reason.

Your privacy

Taking part in the check-in survey is optional, and all information you provide will remain confidential and anonymous. Your responses will be used only to help Radiance provide better support for mothers experiencing perinatal mental health issues. No personal information will be linked to your answers, and all data will be stored in a secure online system to ensure your privacy is protected.

Possible Benefits

By participating in the weekly check-in, you'll help Radiance to understand how the support groups are meeting the needs of mothers. Your input will help guide improvements to services, and to tailor support more effectively. In addition, the survey results will be an invaluable contribution to help strengthen future accreditation and grant applications, helping Radiance to support more parents who are in need.

Possible Risks and Risk Management Plan

The only foreseeable risk of participating in the weekly check-in survey is that the survey touches on emotionally sensitive topics, such as mental health and personal experience. While the survey has been designed to be as sensitive and considerate as possible, there is a possibility it may still evoke strong emotions. Participants should feel fully supported throughout the entire process and are encouraged to reach out to any member of the Radiance team or the survey organiser at any time if needed. Additionally, participants have the option to not participate or to withdraw at any time with no consequences.

Contacts

If you would like to participate or discuss any aspect of this study, please feel free to contact Nicholas Potter via email at 24372937@student.uwa.edu.au

Sincerely,

Chief Investigator

Nicholas Potter
