

Participant Information Form

Project title:

Radiance Network Community Support Group Feedback Survey

Name of Researchers:

Chief Investigator: Jess Morrison, Doctor of Medicine student, MD3

Supervisor: Dr Terri Pikora, Research Development Consultant, School of Allied Health

Invitation:

The Radiance Network invites to you to participate in this feedback survey. Your thoughts and suggestions will help the organisation to better understand the impact of the group and how they can improve the support that is offered. Thank you for being part of this community.

Aim of the Study (What is the project about?)

The feedback survey aims to actively understand participant's experience in the program, and how meaningful group participation has been to mothers who have been struggling with perinatal mental health issues. By assessing this data, Radiance can further tailor their service to maximise impact for members of the group, as well as using these findings to help inform future direction of the organisation.

What does participation involve?

Participants will be asked to complete a brief 15-question online survey at both the beginning and end of their time with the Radiance Support Group. The survey takes approximately 3-5 minutes to complete and includes questions about emotional well-being, parenting confidence, and connection to the community. All responses are confidential and used solely to enhance the support and services Radiance provides.

Voluntary Participation and Withdrawal from the Study

Taking part in the feedback survey is entirely optional, and your decision to participate or not will have no impact on your involvement with the support group. The survey is anonymous, and all responses are kept confidential. You can withdraw at any time without giving a reason.

Your privacy

Taking part in the feedback survey is completely voluntary, and all information provided will remain confidential. Your responses will be de-identified and used only to help Radiance better understand and further their impact supporting mothers with perinatal mental health struggles. No personal information will be linked to your answers, and all data will be securely stored in a protected online system to ensure your privacy is always maintained.

Possible Benefits

By participating in the feedback survey, you'll be helping Radiance better understand how their support group is meeting the needs of its members. Your input will guide improvements to services

and help tailor support more effectively. In addition, the survey results will contribute valuable data to help shape the organisation's strategic direction and strengthen future grant applications, ensuring they can continue to grow and support more individuals in need.

Possible Risks and Risk Management Plan

The only foreseeable risk of participating in the feedback survey is that some participants may feel emotionally triggered by certain questions, as they touch on topics related to mental health and emotional vulnerability. While the questions have been carefully crafted to be as sensitive and considerate as possible, there is a possibility that they may still evoke strong emotions. Participants should feel fully supported throughout this process and are encouraged to reach out to any member of the Radiance team or the survey organiser at any time if needed. Additionally, participants have the option to not participate or to withdraw from the survey at any point without any consequences.

Contacts

If you would like to participate or discuss any aspect of this study, please feel free to contact Jess Morrison via email at 23936307@student.uwa.edu.au

Sincerely,

Chief Investigator

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